

प्रदेश लोक सेवा आयोग

सुदूरपश्चिम प्रदेश

प्रदेश निजामती सेवा र स्थानीय सरकारी सेवा अन्तर्गत इञ्जिनियरिङ्ग सेवा, सिभिल समूह, बिल्डिङ एण्ड आर्किटेक्ट उपसमूह, अधिकृतस्तर सातौं तह वा सो सरह पदको आन्तरिक, अन्तर तह र खुला प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

यस पाठ्यक्रम योजनालाई दुई चरणमा विभाजन गरिएको छः

प्रथम चरण (First Phase) :	लिखित परीक्षा (Written Examination)	पूर्णाङ्क: २००
द्वितीय चरण(Second Phase) :	(क) सामूहिक परीक्षण (Group Test)	पूर्णाङ्क: १०
	(ख) अन्तर्वार्ता (Interview)	पूर्णाङ्क: २५

**परीक्षा योजना ( Examination Scheme)**

**प्रथम चरण (First Phase) : लिखित परीक्षा (Written Examination)**

**पूर्णाङ्क: २००**

पत्र	विषय	खण्ड	पूर्णाङ्क	उत्तीर्णाङ्क	परीक्षा प्रणाली		प्रश्न संख्या× अंक	समय
प्रथम	General Subject	Part I: General Awareness & General Ability Test	१००	४०	वस्तुगत (Objective)	बहुवैकल्पिक प्रश्न (MCQs)	५० प्रश्न×१ अंक	१ घण्टा ३० मिनेट
		Part II: General Technical Subject					५० प्रश्न×१अंक	
द्वितीय	Technical Subject		१००	४०	विषयगत (Subjective)	छोटो उत्तर लामो उत्तर	४ प्रश्न × ५ अंक ८ प्रश्न×१० अंक	३ घण्टा

**द्वितीय चरण (Second Phase) : सामूहिक परीक्षण (Group Test) र अन्तर्वार्ता (Interview)**

**पूर्णाङ्क : ३५**

पत्र/विषय	पूर्णाङ्क	उत्तीर्णाङ्क	परीक्षा प्रणाली	समय
सामूहिक परीक्षण (Group Test)	१०		सामूहिक छलफल (Group Discussion)	३० मिनेट
अन्तर्वार्ता (Interview)	२५		बोर्ड अन्तर्वार्ता (Board Interview)	-

**द्रष्टव्यः**

- लिखित परीक्षाको माध्यम भाषा नेपाली वा अङ्ग्रेजी अथवा नेपाली र अङ्ग्रेजी दुवै हुनेछ ।
- प्रथमपत्र र द्वितीयपत्रको लिखित परीक्षा छुट्टाछुट्टै हुनेछ ।
- वस्तुगत बहुवैकल्पिक प्रश्नहरूको गलत उत्तर दिएमा प्रत्येक गलत उत्तर बापत २० प्रतिशत अंक कट्टा गरिनेछ । तर उत्तर नदिएमा त्यस बापत अंक दिइने छैन र अंक कट्टा पनि गरिने छैन ।
- बहुवैकल्पिक प्रश्नहरू हुने परीक्षामा कुनै प्रकारको क्याल्कुलेटर वा अन्य यस्तै उपकरण प्रयोग गर्न पाइने छैन ।
- विषयगत प्रश्नहरूको हकमा तोकिएको अंकको एउटा लामो प्रश्न वा एउटै प्रश्नका दुई वा दुई भन्दा बढी भाग वा एउटा प्रश्न अन्तर्गत दुई वा बढी टिप्पणीहरू सोध्न सकिने छ ।
- द्वितीय पत्रमा (विषयगत प्रश्न हुनेको हकमा) प्रत्येक खण्डका लागि छुट्टाछुट्टै उत्तरपुस्तिकाहरू हुनेछन् । परिक्षार्थीले प्रत्येक खण्डका प्रश्नहरूको उत्तर सोही खण्डको उत्तरपुस्तिकामा लेख्नुपर्नेछ ।
- यस पाठ्यक्रम योजना अन्तर्गतका पत्र/विषयका विषयवस्तुमा जेसुकै लेखिएको भए तापनि पाठ्यक्रममा परेका कानून, ऐन, नियम तथा नीतिहरू परीक्षाको मिति भन्दा ३ महिना अगाडि (संशोधन भएका वा संशोधन भई हटाईएका वा थप गरी संशोधन भई) कायम रहेकालाई यस पाठ्यक्रममा परेको सम्झनु पर्दछ ।
- प्रथम चरणको परीक्षाबाट छनौट भएका उम्मेदवारहरूलाई मात्र द्वितीय चरणको परीक्षामा सम्मिलित गराइनेछ ।
- पाठ्यक्रम लागू मिति:- २०८०।१०।०३ गते देखि ।

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प्रथम चरण (First Phase) : लिखित परीक्षा ( Written Examination)

प्रथम पत्र (First Paper) : General Subject

**Part (I): - General Awareness & General Ability Test (50 Marks)**

1. **नेपालको संविधान तथा सान्दर्भिक कानूनहरू** (10 Marks)
  - 1.1. नेपालको संविधान ( भाग १ देखि ५, भाग १३ देखि २० र अनुसूचीहरू)
  - 1.2. सार्वजनिक खरिद ऐन, २०६३
  - 1.3. सुदूरपश्चिम प्रदेश सार्वजनिक खरिद नियमावली, २०७८
  - 1.4. भ्रष्टाचार निवारण ऐन, २०५९
  - 1.5. निजामती सेवा ऐन, २०४९
  - 1.6. आर्थिक कार्यविधि तथा वित्तीय उत्तरदायित्व ऐन, २०७६
  - 1.7. सुदूरपश्चिम प्रदेश सुशासन ऐन, २०७५
  - 1.8. सुदूरपश्चिम प्रदेश निजामती सेवा ऐन, २०७९
  - 1.9. स्थानीय सरकार संचालन ऐन, २०७४
  - 1.10. सुदूरपश्चिम प्रदेश वातावरण संरक्षण ऐन, २०७७
2. **सुदूरपश्चिम प्रदेशको ऐतिहासिक, भौगोलिक, सामाजिक तथा आर्थिक अवस्था** (5 Marks)
  - 2.1. ऐतिहासिक, राजनीतिक, प्रशासनिक, आर्थिक एवम् सामाजिक मुद्दा र सवालहरू
  - 2.2. भाषा, धर्म, संस्कृति, कला र साहित्य
  - 2.3. आर्थिक अवस्था एवम् आर्थिक विकासका संभावनाहरू : पर्यटन, कृषि, जलस्रोत, खानी, वन
  - 2.4. चालु आवधिक योजना: उद्देश्य, प्राथमिकता र प्रमुख सूचकहरू
3. **General Awareness and Contemporary Issues** (15 Marks)
  - 3.1. Physical, socio-cultural and economic geography and demography of Nepal
  - 3.2. Major natural resources of Nepal
  - 3.3. Geographical diversity, climatic conditions, and livelihood & lifestyle of people
  - 3.4. Notable events and personalities, social, cultural and economic conditions modern history of Nepal
  - 3.5. Sustainable Development Goals
  - 3.6. Current periodic plan of Nepal
  - 3.7. Information on pollution, environment, climate change, biodiversity, science and technology
  - 3.8. Governance system and Government (Federal, Provincial and Local)
  - 3.9. Functional scope of public service
  - 3.10. Public Service Charter, Public hearing, Social audit
  - 3.11. Concept, objective and importance of public policy
  - 3.12. Fundamentals of management: planning, organizing, directing, controlling, coordinating, decision making, motivation and leadership
  - 3.13. Government planning, budgeting and accounting system
  - 3.14. Basic concept of Disaster Risk Reduction and Disaster Risk Management
  - 3.15. Major events and current affairs of national and international importance

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4. General Ability Test

(20 Marks)

4.1 Verbal Ability Test

Jumble words, Series, Analogy, Classification, Coding-Decoding, Matrix, Ranking Order Test, Direction and Distance Sense Test, Common Sense Test, Logical Reasoning, Assertion and Reason, Statement and Conclusions

4.2 Numerical Ability Test

Series, Analogy, Classification, Coding, Arithmetical reasoning/operation, Percentage, Ratio, Average, Loss & Profit, Time & Work, Data interpretation & Data verification

4.3 Non-verbal/Abstract Ability Test

Figure Series, Figure Analogy, Figure Classification, Figure Matrix, Pattern Completion/Finding, Analytical Reasoning Test, Figure Formation and Analysis, Rule Detection, Water images, Mirror images, Cubes and Dice & Venn-diagram

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**Part (II): - General Technical Subject (50 Marks)**

**1 Structural and Earthquake Engineering**

**(5 Marks)**

- 1.1. Center of gravity, moment of inertia, radius of gyration
- 1.2. Stresses and strains, theory of torsion and flexure
- 1.3. Analysis of beams and frames: bending moment, shear force and deflection of beams and frames
- 1.4. Determinate structures (energy methods), three hinged systems, suspension cable system
- 1.5. Indeterminate structures: slope deflection method and moment distribution method, use of influence line diagrams for simple beams, unit load method, two hinged arch
- 1.6. Plastic analysis of beam and frame
- 1.7. Earthquake and its terminology, causes, waves, seismic fault line in Nepal
- 1.8. Earthquake Resistant Structure Provision in NBC 105: 2020
- 1.9. Basic concept of green, climate resilient and inclusive infrastructure design

**2 Engineering Survey**

**(7 Marks)**

- 2.1 Introduction and basic principles, classification of surveys
- 2.2 Linear measurement techniques: - chain and tape method, ranging rods and arrows, representation of measurement and common scales, sources of errors, effect of slope and slope correction, correction for chain and tape measurements, abney level and clinometers
- 2.3 Compass: - types of compass, problems and sources of errors in compass survey
- 2.4 Plane table surveying: principles and methods of plane tabling
- 2.5 Leveling: principle of leveling, temporary and permanent adjustment of level, bench marks, booking methods and their recording, longitudinal and cross sectioning, reciprocal leveling, trigonometric leveling
- 2.6 Contouring: contour interval and characteristics of contours, methods of contouring, interpolation, use of contour map
- 2.7 Theodolite traversing: need of traverse and its significance, principle of traverse, computation of coordinates; adjustment of closed traverse and linked traverse, closing errors
- 2.8 Tachometry: principle, tachometric formula, relation of distance and elevation
- 2.9 Uses of total station and electronic distance measuring instruments
- 2.10 Curves: types and suitability, elements, geometry and setting out of curves (simple circular curve, vertical curve, transition curve)
- 2.11 Calculation of area and volume: methods of area calculation of land, methods of area and volume calculation of cut and fill, mass haul diagram.

**3 Construction Materials**

**(6 Marks)**

- 3.1 Properties of building materials: physical, chemical, thermal, constituents,
- 3.2 Stones: characteristics and requirements of stones as a building materials
- 3.3 Ceramic materials: ceramic tiles, mosaic tile, brick types and testing
- 3.4 Cementing materials: types and properties of lime and cement; cement mortar tests

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- 3.5 Metals: types and properties of steel, alloys
- 3.6 Timber and wood: timber trees in Nepal, types and properties of wood
- 3.7 Miscellaneous materials: asphaltic materials (asphalt, bitumen and tar), paints and varnishes, polymers
- 3.8 Soil properties and its parameters
- 3.9 Local and modern building construction material in Nepal

**4 Concrete Technology (5 Marks)**

- 4.1 Constituents and properties of concrete (physical and chemical)
- 4.2 Water cement ratio
- 4.3 Grade and strength of concrete, concrete mix design, testing of concrete
- 4.4 Mixing, transportation pouring and curing of concrete
- 4.5 Admixtures
- 4.6 High strength concrete
- 4.7 Pre-stressed concrete

**5 Geotechnical engineering (6 Marks)**

- 5.1 Formation of soil, general classification of soil depending on transporting agent and deposit media
- 5.2 Three phases of soil: basic terms, relation between basic terms, volumetric relationship: mass and volume, weight and volume, specific gravity of soil and lab test, field density and determination methods
- 5.3 Types of water in soil, moisture content and relationship, organic content in soil
- 5.4 Index properties of soil: grain size distribution and types of soil depending on grain size distribution, consistency limit, relative density, lab test of index properties
- 5.5 Types of rock, dip, strike, fold, fault, cleavage, geographical divisions of Nepal
- 5.6 Tunneling: types of tunnels, component parts of a tunnel and tunnel cross section, survey for tunnel alignment, drainage, lighting and ventilation requirements for tunnels, method of tunneling in soft soils and rock

**6 Construction Management (6 Marks)**

- 6.1 Construction scheduling and planning: network techniques (CPM, PERT) and bar charts
- 6.2 Contractual procedure and management: types of contract, bid and bid notice, preparation of bidding document, contractors pre-qualification, evaluation of tenders and selection of contractor, contract acceptance, condition of contract (GCC and SCC), quotation and direct purchase, classifications of contractors, dispute resolution, muster roll
- 6.3 Material management: procurement procedures and materials handling
- 6.4 Cost, quality and time control
- 6.5 Project management
- 6.6 Occupational health and safety
- 6.7 Project monitoring and evaluation
- 6.8 Quality assurance and quality control plan
- 6.9 Variation, alteration and omissions

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**7 Estimating, Costing, Specification and Valuation**

**(5 Marks)**

- 7.1 Types of estimates and their specific uses
- 7.2 Methods of calculating quantities
- 7.3 Key components of estimating norms and rate analysis
- 7.4 Preparation of bill of quantities
- 7.5 Purpose, types and importance of specification
- 7.6 Purpose, principles and methods of valuation

**8 Engineering Drawing**

**(4 Marks)**

- 8.1 Drawing sheet composition and its essential components
- 8.2 Suitable scales, site plans, preliminary drawings, working drawings
- 8.3 Theory of projection drawing: perspective, orthographic and axonometric projection, first and third angle projection
- 8.4 Drafting tools and equipment's
- 8.5 Drafting conventions and symbols
- 8.6 Topographic, electrical, plumbing and structural drawings
- 8.7 Techniques of free hand drawing.
- 8.8 Community Buildings: school and hospital buildings and their design consideration.

**9 Engineering Economics**

**(3 Marks)**

- 9.1 Benefit cost analysis, cost classification, sensitivity analysis, internal rate of return, time value of money; economic equilibrium, demand, supply and production, net present value, financial and economic evaluation

**10 Professional Practices**

**(3 Marks)**

- 10.1 Ethics, integrity and professionalism: code of conduct and guidelines for professional engineering practices
- 10.2 Nepal Engineering Council Act, 2055 and Regulations, 2056
- 10.3 Relation with clients, contractor and fellow professionals
- 10.4 Public procurement practices for works, goods and services and its importance
- 10.5 National Building Code: Hierarchy of building codes and its application, procedure for implementation of building code and Fundamental of building bylaws in Nepal

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अधिकृतस्तर सातौं तह वा सो सरह पदको आन्तरिक, अन्तर तह र खुला प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

द्वितीय पत्र (Second Paper): Technical Subject

Section (A) - 30 Marks

**1. Building Materials and Construction**

- 1.1 Stone masonry: Types of stone used in stone masonry, specifications of stone masonry.
- 1.2 Brick masonry: Classification of bricks, specifications of different types of bricks, testing of bricks, different shapes of bricks.
- 1.3 Hollow Concrete Blocks: Various types of concrete blocks, use of concrete blocks in buildings.
- 1.4 Sand: Requirement of good quality sand, sieve analysis, fineness modules.
- 1.5 Lime: Different types of lime and their uses test of freshness.
- 1.6 Mortar: Types of mortar, specifications, proportion of mortar for various types of masonry works.
- 1.7 Paintings: Types of paints, specification for various types of painting Works.
- 1.8 Water proofing: Water proofing at basement, ground floor and roofs, common water proofing problems in Nepal.
- 1.9 Roofing Systems: Different types of roofing system.
- 1.10 Doors and windows: Different types of doors and windows, door and window details, merits and demerits of metal door and windows.
- 1.11 Walls: Different types of wall system, Load bearing walls, partition walls and curtain walls.
- 1.12 Pre-fabrication: Principles of pre-fabrication, advantages and disadvantages of a prefabricated building.
- 1.13 Flooring: Different types of flooring, specification of floorings.
- 1.14 Plastering: Different types of plasters and coating materials.
- 1.15 Formworks: Shoring, underpinning, scaffolding and formworks.
- 1.16 Building Elements: Foundation, super structure, lintel, floors, roofs, suncontrol devices, parapet, staircase, emergency stairs, elevators and escalators
- 1.17 Building services: water supply and sanitation, electrification, heating and ventilation and air-conditioning.
- 1.18 National Building Code: Hierarchy of building codes and its application, procedure for implementation of building code in Nepal.
- 1.19 Development Control System in municipalities in Nepal
- 1.20 Maintenance and repair of buildings.
- 1.21 Principles of low-cost construction techniques.
- 1.22 Current building norms for estimating and costing.

**Section B- 20 Marks**

**2. Structural Design and Analysis**

- 2.1 Design of RCC footings, columns, slabs, beams.
- 2.2 Analysis of structural system in a building.
- 2.3 Design of steel structure.
- 2.4 Design of timber structure.
- 2.5 Design of masonry structure.
- 2.6 Common structural problems in RCC buildings in Nepal.

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- 2.7 Requirements of earthquake resistant building construction.
- 2.8 Computer Aided Design (CAD) of building structure.
- 2.9 Mandatory Rule of Thumb in building design.
- 2.10 Non-engineered earthquake resistant building design.

**Section C- 30 Marks**

**3. Housing and Urban Planning**

- 3.1 Hierarchy of urban settlements,
- 3.2 Types of urban settlements in Nepal.
- 3.3 Base Maps:
- 3.4 Hierarchy of plans
- 3.5 Principles of land use planning
- 3.6 Building byelaws
- 3.7 Periodic plans for local authorities
- 3.8 Planning legislation of Nepal
- 3.9 Environmental issues in urban development.
- 3.10 Institutions involved in urban planning and development in Nepal.
- 3.11 Types of urban development programs in Nepal.
- 3.12 Conservation of heritage sites,
- 3.13 Settlement planning for disaster mitigation.
- 3.14 Municipalities of Nepal and their role in urban development.
- 3.15 Town Development Committees and their role in urban development.
- 3.16 Different types of housing,
- 3.17 Principles of housing design,
- 3.18 Different models of land development,
- 3.19 Squatter and slums,
- 3.20 Private housing development,
- 3.21 Rural housing, housing development programs in Nepal,
- 3.22 Prospects of apartments and group housing in Nepal.

**Section D- 20 Marks**

**4. Architecture**

- 4.1 History of architecture
- 4.2 Contemporary world architecture
- 4.3 Contemporary Nepalese architecture
- 4.4 Traditional architecture of Nepal
- 4.5 Architecture of Kathmandu Valley
- 4.6 Principles of architectural design.
- 4.7 Factors to be considered while designing buildings.
- 4.8 Standards to be followed while designing buildings in Nepal
- 4.9 Contemporary world architects and their works
- 4.10 Architectural landmarks in Nepal
- 4.11 Conservation of historic buildings
- 4.12 Ethics of architects in professional practice



प्रदेश लोक सेवा आयोग

सुदूरपश्चिम प्रदेश

प्रदेश निजामती सेवा र स्थानीय सरकारी सेवा अन्तरगत इञ्जिनियरिङ्ग सेवा, सिभिल समूह, बिल्डिङ एण्ड आर्किटेक्ट उपसमूह, अधिकृतस्तर सातौं तह वा सो सरह पदको आन्तरिक, अन्तर तह र खुला प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

द्वितीय चरण (Second phase): सामूहिक परीक्षण (Group Test) र अन्तरवार्ता ( Interview)

सामूहिक परीक्षण ( Group Test)

(10 Marls)

१. सामूहिक छलफल (Group Discussion)

यस प्रयोजनको लागि गरिने परीक्षण १० पूर्णाङ्क र ३० मिनेट अवधिको हुनेछ, जुन नेता विहिन सामूहिक छलफल (Leaderless Group Discussion) को रूपमा अवलम्बन गरिने छ । दिइएको प्रश्न वा Topic का विषयमा पालैपालोसँग निर्दिष्ट समय भित्र समूह वीच छलफल गर्दै प्रत्येक उम्मेदवारले व्यक्तिगत प्रस्तुति Individual Presentation गर्नु पर्नेछ ।

सामूहिक छलफलमा दिइने नमुना प्रश्न वा Topic

उदाहरणको लागि – उर्जा संकट, गरीबी निवारण, स्वास्थ्य बीमा, खाद्य सुरक्षा, प्रतिभा पलायन जस्ता समसामयिक विषयबस्तुहरूबाट कुनै एक Topic दिइनेछ ।

अन्तरवार्ता (Interview)

(25 Marls)

१. बोर्ड अन्तरवार्ता

(Board Interview)

Ω THE END Ω